

# ***Holy Communion***

*Introductory prayer:*

*President*

Almighty God, sustainer of life and work and provider of all our needs. Open our hearts to your creative power so that we might know your will, praise your name and share your vision for the creation of your kingdom. In the name of your Son, Jesus Christ our Lord. **Amen**

*Confession:*

***All:***

**Lord of the Universe, we praise you for your creation. We praise you for the many different skills of hand and brain. We recognise that we often spoil these gifts by our selfishness and because we are sometimes distrustful and destructive.**

**Forgive us we pray. Help us to use all that you give to us for the good of all people.**

**We wholeheartedly repent of the evil we have done and we look for grace to offer forgiveness and to know ourselves forgiven, through Jesus Christ our Lord. Amen**

*President:*

Your sins are forgiven, be at peace.

*Collect and readings.*

*Creed:*

*President:* We are not alone

*All:* **We believe in God  
Who has created and is creating.  
Who has come in Jesus  
to reconcile and make new.  
We trust God who calls us to be the church;  
To love and to serve others  
To seek justice and resist evil,  
To proclaim Jesus, crucified and risen  
Our judge and our hope.  
In life, in life beyond death  
God is with us.  
We are not alone  
Thanks be to God.**

*Prayers or a meditation:*

*The peace:*

*President* :May God's peace be real to us  
as we share it with each other.  
Peace to you

*All:* **And also to you.**

Father accept these offerings of bread and wine  
as tokens of all the good things which you give us.  
We praise you and give you thanks, because you  
created us, women and men, together in your image,  
to cherish your world and seek your face.

**Divided and disfigured by sin, while we were yet helpless,  
you emptied yourself of power and gave us Jesus, your son,  
born into a human family.**

**He shared our suffering and died on the cross to bring forth  
the hope of resurrection. Therefore with those in heaven  
and on earth, for whom you are the goal of all our longing,  
we praise you, saying:**

**Holy, holy, holy, vulnerable God  
Heaven and earth are full of your glory  
Hosannah in the highest.**

**Blessed is the one who comes in the name of the Lord  
Hosannah in the highest.**

*1 Corinthians 11: 23-26*

The Lord Jesus, in the night when he was betrayed,  
Took a loaf of bread and when he had given thanks, he broke it  
and said, 'This is my body, that is for you. Do this in  
remembrance of me.'

In the same way, he took the cup also, after supper, saying, 'This  
cup is the new covenant in my blood. Do this as often as you  
drink it in remembrance of me. For as often as you eat this bread  
and drink this cup, you proclaim the Lord's death until he comes.'

And so father, remembering how Jesus sacrificed his life for us,  
believing that his life did not end with his death, and realising his  
presence here among us, we offer this bread and wine, we offer  
ourselves to do what you wish us to do. Help us to be open to  
receive your spirit of power, freedom and love, and when we  
share this bread and wine, we may also share in the life and the  
self of Jesus.

Now for all who ever existed or ever will exist, with all creation in  
all time, with joy we say;

**All:**

**Blessing and honour and glory and power be yours for ever  
and ever. Amen**

Now we say with confidence the prayer  
which Jesus himself taught us:

**Our Father in heaven  
hallowed be your name.  
Your kingdom come  
your will be done  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
As we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil,  
for the kingdom, the power and the glory are yours,  
now and forever. Amen**

The gift of God to share among us.

**Though we are many, we are one body,  
for we all share the same bread.**

*The communion:*

**All:  
God our Father, bread in our wilderness,  
spring of living water, companion on our road,  
we offer to you our commitment to seek  
the promised community and to journey with you  
in justice and in love. Amen**

*Dismissal:*

Our service is ended. Jesus goes before us into the world.  
Let us go in peace and do the will of God.

**We go in the name of Christ. Amen**